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Buddhism: All That Matters (Teach Yourself)

Pascale Engelmajer

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Pascale F. Engelmajer



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Pascale Engelmajer : Buddhism: All That Matters (Teach Yourself) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Buddhism: All That Matters (Teach Yourself):

In Buddhism: All That Matters, Dr Engelmajer gives us a glimpse of what being a Buddhist in today's world entails, and how this links back to the historical and doctrinal development of the many Buddhist traditions extant today. The narrative follows the religious lives of four fictional characters, representative of four Buddhist traditions (Theravada, Chinese Pure Land, Japanese Zen and Tibetan) in their daily lives, describing what being a Buddhist today entails: religious and devotional practices, dietary requirements, ethical principles, and religious and philosophical beliefs. Grounded in the latest scholarship, this book offers a live picture of Buddhism as it is: a variety of practices and beliefs

that stem from common doctrines and have developed in many ways across time and space. This accessible and concise book will appeal to both students and general readers, giving a fascinating introduction. This book will appeal to both students and general readers, giving a fascinating introduction.

About the Author Pascale F. Engelmajer has a PhD in Buddhist Studies from the University of Bristol, and now teaches at Carroll University in Wisconsin. She has been studying Buddhism for 20 years, and has lived and travelled widely in South East Asia. Her main interest lies in the role and status of women in Buddhist texts and practice. Dr Engelmajer has contributed to various books and articles on Buddhism in both English and French