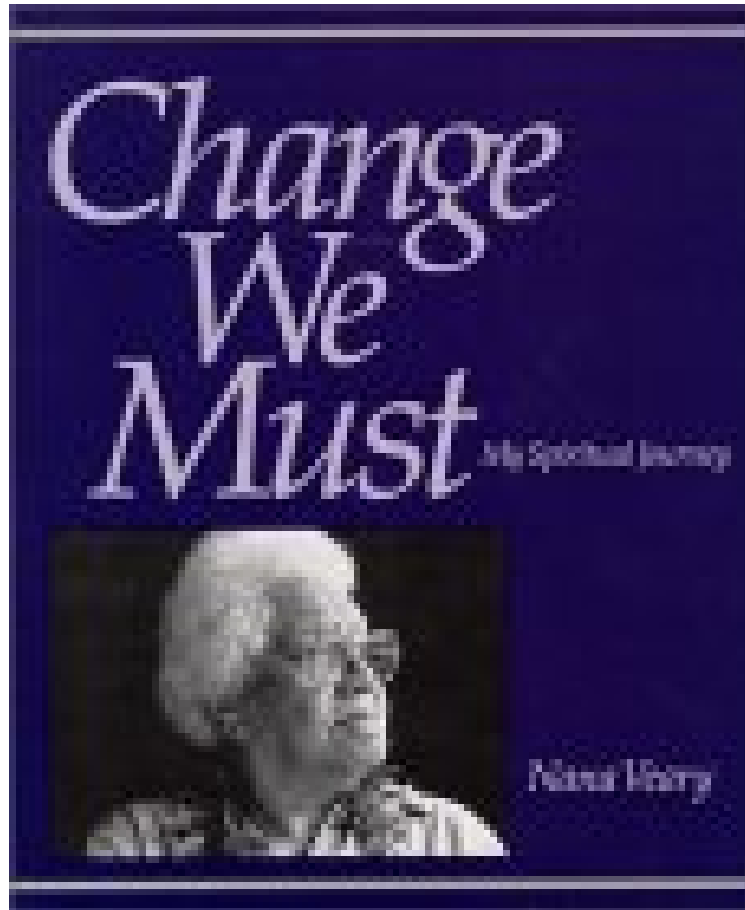


[FREE] Change We Must: My Spiritual Journey

Change We Must: My Spiritual Journey

Nana Veary

ePub | *DOC | audiobook | ebooks | Download PDF



 Download

 Read Online

#2050740 in Books 2000-01-01 Original language: English PDF # 1 1.25 #File Name: 1877982067119 pages | File size: 19.Mb

Nana Veary : Change We Must: My Spiritual Journey before purchasing it in order to gauge whether or not it would be worth my time, and all praised Change We Must: My Spiritual Journey:

2 of 2 people found the following review helpful. Anchors me spiritually By Michael M. Zanon
Nana Veary was a Hawaiian woman who became a renowned kupuna (elder) and healer who heals with the voice in the hooponopono tradition and later as a Science of Mind minister. I first heard of her when a friend gave me a copy of Nana Veary's autobiography Change We Must My Spiritual Journey. I was raised in the Science of Mind tradition, and knew a minimal amount of the hooponopono philosophy, but Change We Must put these into perspective with my years of metaphysical studies. When I moved to Hawaii I came to believe that the energy of the islands themselves reached out and held me, but Auntie Nana's words have anchored me both physically and spiritually.
0 of 0 people found the following review helpful. The condition of the book I received was in excellent condition! I had the privilege of spending sacred ...
By Audriana Chenoux
The condition of the book I received was in excellent condition! I had the privilege of spending sacred time with Nana in Hawaii in 1988. She was truly a remarkable living spirit in the purest sense of what touches the spirit and Soul of an Hawaiian. So for me, this wonderful book brought such sublime and

divine memories of times sitting on her property indulging in a picnic, or sitting on the steps on a veranda as she rocked in her rocking chair, discussing the worlds of mysteries of life. I lived in Hawaii as a child in the early 50's, when it was still very sacred, so this lovely little book brought me great pleasure. Audriana Sardone Chenoux² of 2 people found the following review helpful. A Memorable Book By Patricia Sabol Keaweamaahi I had this book on my bookshelf for many years now, and still love reading it, over and over. Nana Veary has so many 'words of wisdom' that the reader can discover throughout the book with each new read. Her life was enormous, and her experiences throughout her life were so valuable to her journey in life. She was such a true Hawaiian.

In *Change We Must*, Nana Veary describes how her family, surroundings and the ways of an innately spiritual people shaped a lifetime search for the truth. At the core, binding the threads of the story, is the practice of silence and a strong belief in its power. From her canoe-building grandfather who used only the trees selected by a native forest bird, to her Christian mother who chanted in Hawaiian to the fish, Nana was set on her course from an early age. It is her journey that unfolds in these pages. Weaving stories and images from her childhood, hard-earned lessons from raising her children and an even wider span of children without a home, Nana shares the metaphysical truths that she applied every day of her life. Nana was a deeply private person and it was difficult for her to recreate and reveal her life, but in typically Hawaiian fashion, she embraces all of us in these pages with a generosity and grace that heals us and guides us home. The book is illustrated by 16 black white photographs of Hawaii by award-winning photographer, Franco Salmoiraghi.

About the Author Nana Veary was born in 1908 and reared by her Hawaiian elders in an environment where language, fishing, healing, building and all aspects of life were firmly rooted in nature. It was a Hawaii in which children planted by the moon and strangers were greeted with reverence. It was a Hawaii where birds, clouds and stones spoke as clearly as people, because the silent language of nature was profoundly understood.