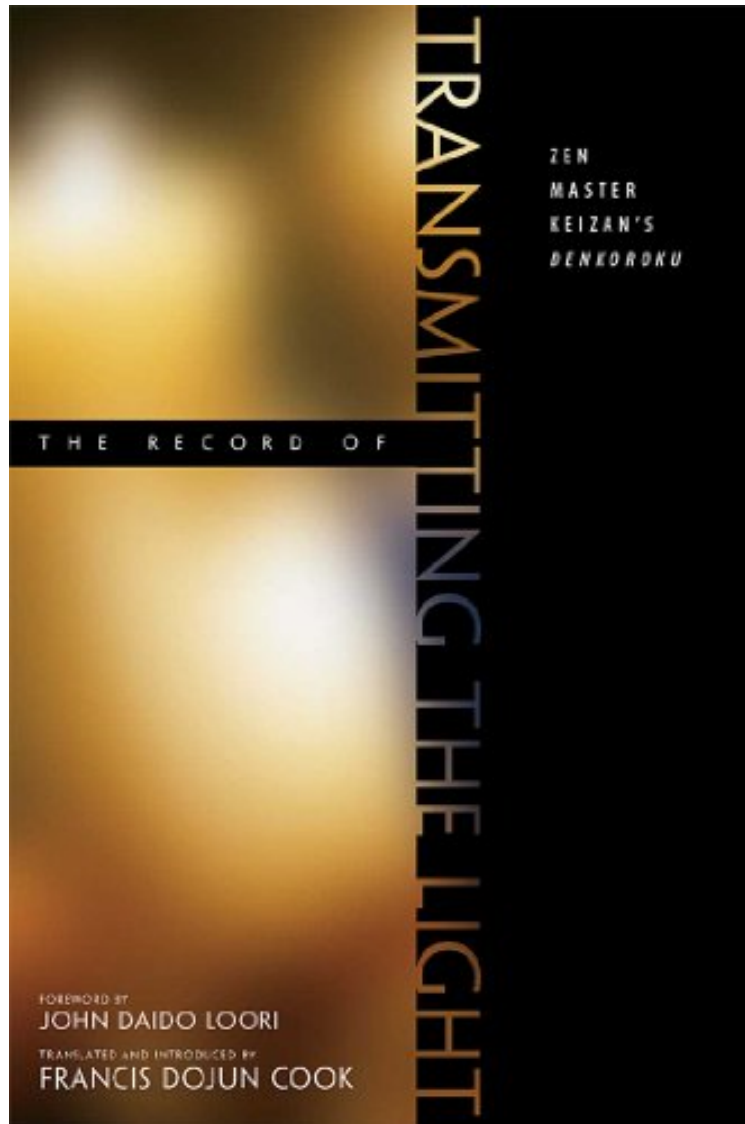


(Ebook free) The Record of Transmitting the Light: Zen Master Keizan's Denkoroku

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Francis Dojun Cook, Francis H. Cook : The Record of Transmitting the Light: Zen Master Keizan's Denkoroku before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Record of Transmitting the Light: Zen Master Keizan's Denkoroku:

0 of 3 people found the following review helpful. A good book on Master Keizan's work By Hobson G. Regan This little book is a great reference on Zen Master Keizan's work. For any Soto Zen student, it is useful to know a little bit

about your history. 8 of 10 people found the following review helpful. An Incredible Book. By TOM CORBETTI have read this book many times and never grow tired of it. in my opinion, more profound than any of the other koan books, even the Shinji Shobogenzo. it speaks of own nature. awareness of that which one sees and that within one... only awareness. it speaks of emptiness. that which is truly nameless and untouchable and yet is all things... only awareness. it speaks of the Self. awareness within and without (if within still remains)... only awareness. it speaks of the Mind. awareness of within and without. thoughts, feelings and forms all... only awareness. it speaks of the teaching of the inanimate. only awareness of the emptiness of such teaching. such emptiness is only awareness. the cessation of self, and arising of the Self (own nature) which results in perception of only awareness. it speaks of non-duality and the oneness of emptiness, the oneness of awareness. when one sees ones own nature for the first time, then one is able to appreciate the sameness and emptiness of all things, but only after one has recognised that the normal feeling within oneself is no different from the feeling of awareness of external forms and objects. what is emptiness... emptiness is found when all else has been dropped or swept away. all that remains is awareness and emptiness is awareness. In Thibetan Ati Yoga is the teaching of Padmasambhava on appreciating 'Rigpa'... normal feeling or awareness. in the last paragraph of this book, Keizan speaks of vivid alertness, waking from a dream... a feeling of being "very awake". vivid alertness is vivid awareness. this vivid alertness is however a buddha demon in that it can rob people of the appreciation of supreme normality of basic awareness. awareness is thought. thoughts are aware. awareness is feeling. feelings are aware. awareness is sensation. awareness is truth. even loving kindness is a form of awareness. all is awareness, whether it be vivid or completely normal. all forms are a form of awareness, as is all sensation of emptiness. Buddhism is awareness of awareness. Christianity is awareness of the source of awareness, which is in Him/Her self a form of awareness. JUST AWARENESS. with love from Tom. xxxthe only thing in my experience that can canker awareness is "premature" annihilation of the mundane self. if this happens then awareness is replaced by grey nothingness. limbo. there are different purities of awareness and the time may come when deliberate exposure to limbo is necessary in the clearing away process. after experiencing the nameless i was left with no 'within'. i asked jesus to give me a new self of loving kindness and the vibration of thought in that state is even purer than it was after annihilation of 'subject/within'. tc. 21 of 23 people found the following review helpful. The Living Lineage of Soto Zen By John D. Buksbazen From Shakyamuni Buddha through fifty three generations of successors to Koun Ejo, the lineage of Soto Zen Buddhism unfolds. Each chapter centers on a pivotal exchange between a Zen ancestor and his successor. These exchanges, preserved and used as koans, represent the living transmission of awakened mind, presented by Keizan Zenji, co-founder with Dogen Zenji, of the Japanese Soto school. Master Keizan's lucid commentaries and verses on each case render the succession accessible to the determined practitioner. This masterful collection, paralleling in importance the Shobogenzo of Dogen Zenji, remains a seminal text for all serious students of Zen. The translation by Francis Dojun Cook is at once meticulous and vivid, embodying careful scholarship as well as the essence of the realization of these fifty three Zen ancestors. Time spent with this book will richly reward the reader.

The Record of Transmitting the Light traces the inheritance of the Buddha's enlightenment through successive Buddhist masters. Written by a seminal figure in the Japanese Zen tradition, its significance as an historical and religious document is unquestionable. And ultimately, The Record of Transmitting the Light serves as a testament to our own capacity to awaken to a life of freedom, wisdom, and compassion. Readers of Zen will also find the introduction and translation by Francis Dojun Cook, the scholar whose insights brought Zen Master Dogen to life in How to Raise an Ox, of great value.

"Both Keizans text itself and Dr. Cooks superb introduction are invaluable in studying our Zen lineage." -- Zenkei Blanche Hartman, Abbess, San Francisco Zen Center "I am gratified that Dr. Cook's astute translation has been brought back into print in such a fine edition." -- Robert Aitken, author/translator of the Gateless Barrier "The Record of Transmitting the Light is a work which many would rank alongside Dogen's Shobogenzo as a major classic." -- John Daido Looi, editor of The Art of Just Sitting Language Notes Text: English (translation) Original Language: Japanese About the Author Francis Dojun Cook was born and raised in a very small town in upstate New York in 1930. He was lucky to be an ordinary kid with ordinary parents. By means of true grit and luck, he managed to acquire several academic degrees and learn something about Buddhism. More luck in the form of a Fulbright Fellowship enabled him to study in Kyoto, Japan, for a year and a half, where he would have learned more had he not spent so much time admiring temple gardens. He now teaches Buddhism at the University of California, Riverside, and is director of translations at the Institute for Transcultural Studies in Los Angeles. He remains ordinary, but to his credit it can be said that he raised four good kids, has a great love for animals, and cooks pretty well. A sign that at last he is becoming more intelligent is that he became a student of Maezumi Roshi several years ago, the best thing he ever did. He is also the author of Hua-yen Buddhism: The Jewel Net of Indra, and of various articles on Buddhism in scholarly journals. John Daido Looi was, until his death in 2009, the spiritual leader and abbot of Zen Mountain Monastery in Mt. Tremper, New York. Trained in koan Zen as well as in the subtle school of Master Dogen's Zen, he was the Dharma heir of Hakuyu Taizan Maezumi Roshi. Devoted to maintaining authentic Zen training, he developed a

distinctive style, called the Eight Gates of Zen, based on the noble eightfold path. Drawing on his background as scientist, artist, naturalist, and Zen priest, Abbot Loori was an American master who spoke directly to students from the perspective of a common background. His books include *Mountain Record of Zen Talks* and *The Heart of Being*.